

DINNER MENU

Welcome to Helix Bar & Dining!

Located in the travel epicentre of Canberra, our menu has been designed to allow you to experience the best Australian cuisine has to offer, with a global influence in every bite you take in the comfort of our award-winning restaurant.

Our Chefs have prepared a selection of delectable dishes showcasing unique flavours, using seasonal local ingredients to delight every palate. So sit back, relax and enjoy as we take you on a palate guided journey through the world.



ENTRÉES

Herbed Garlic Bread 12

Twice Cooked Glazed Pork Belly 26
Charred pineapple | tomato salsa

Grilled King Prawns 26
Seaweed salad | ginger scallion dressing

Home Made Beef Brisket Croquettes 22
Chilli jam

Cauliflower Steak 22
Ajo blanco | quinoa puffs

Butcher's Board 26
Selection of cured meats | assorted crackers
| australian brie | hummus

SALADS

Helix Salad 26
Charred asparagus | beetroot | tofu chips | avocado mousse
Add Prawns 6
Add Halloumi 6

Chicken Caesar Salad 26
Bacon | chicken breast | grated parmesan | hardboiled egg



Grilled Peach Salad 26
Serrano ham | fresh mozzarella | almond snow | vincotto
dressing

Allow us to fulfil your needs. Please let one of our team members know if you have any special dietary requirements, food allergies or food intolerances. Whilst all care is taken in the preparation of all food, traces may still be found due to accidental cross contamination

MAINS

Five Spice Confit Duck Leg 39

Charred fennel | parsnip puree | candied speck | cherry jus

Chilli Prawn Linguine 36

Pan-fried prawns | butter garlic sauce

Chicken Jalfrezi 33

Basmati rice | naan bread | poppadum | mango chutney

Miso Aubergine 30

Wasabi mayo | snow pea salad

Grilled Ocean Trout 39

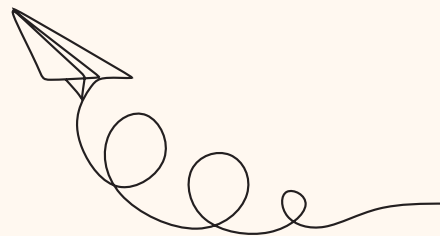
Almond pangrattato crust | kipfler potato | tomato salsa

Sous Vide 3 Point Lamb Rack 48

Grilled asparagus | caramelized beetroot | pea puree | harissa gel

300g Striploin MS4+ 48

Fried kipfler potatoes | mix leaf salad | peppercon or bernaise sauce



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SIDES

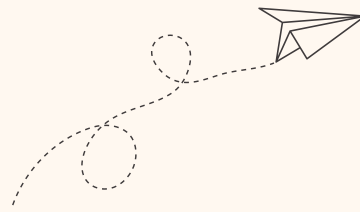
Roasted kipfler, peri-peri seasoning 12

Broccolini, ginger dressing 12

Straight cut chips 10

Harissa-roasted dutch carrots, mint oil 12

Garden salad 12



DESSERTS

Ice cream scoop 6

Cookies & cream

Rum raisin

Raspberry sorbet

Orange Crème Brûlée 19

Orange candy | mint cream | gold dusted soil

Homemade Coconut Sponge Cake 19

Almond lemon custard | macerated berries

Tiramisu 19

Gold chocolate crumble

Cheese Plate 24

Australian cheese selection | quince paste | grapes |
nuts | lavosh

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