



# ALL DAY MENU

Welcome to Helix Bar & Dining!

Located in the travel epicentre of Canberra, our menu has been designed to allow you to travel the world with every bite you take in the comfort of our award-winning restaurant.

Our Chefs have prepared for you a selection of delectable dishes showcasing unique flavours from their home countries, using seasonal local ingredients to delight every palette.

So seat back, relax and enjoy as we take you on a palette guided journey through the world.



# BOARDING

A SELECTION OF MOUTHWATERING  
ENTREES TO START YOUR JOURNEY

## Crumbed Coconut Prawns 21

Romesco | pickled radish | cucumber salad |  
sesame cracker

## Jamon Serrano Croquettes 19

black garlic aioli

## Cauliflower Steak 21

Salsa roja | confit heirloom tomatoes |  
pistachio crumble

# SHORT-HAUL

OUR SELECTIONS OF HEALTHY SALADS IS  
THE PERFECT FIT FOR A LIGHT FLIGHT

## Helix Farro Salad 20

Farro | crunchy salad mix | molasses dressing

Add Prawns 6

Add Halloumi 6

## Chicken Caesar Salad 27

Bacon bits | sousvide chicken | grated parmesan |  
hardboiled eggs

If you have any specific dietary requirements,  
Please inform one of our friendly team members for assistance.

# INTERNATIONAL

FOR THE EXPERIENCED TASTE BUDS LOOKING FOR  
THE NEXT ADVENTURE

## CULTURAL LEARNINGS IN THE PHILIPPINES

### Pork Belly Adobo 34

Twice cooked pork belly | caramelised apple | charred fennel |  
radish | carrot puree

## EXPLORING NORTH INDIA

### Chicken Jalfrezi 34

Basmati rice | naan bread | poppadum | mango chutney

## FALLING IN LOVE IN ITALY

### Chilli Prawn Linguine 34

Pan-fried prawns | butter garlic sauce

### Helix Pizza 26

Prosciutto | mushrooms | truffle oil

### Caprese Pizza 24

Tomato | olives | fior di latte | herbal oil

## HOLIDAY IN THE USA

### Cheeseburger 24

Lettuce | tomato | cheese | Chips

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# FIRST CLASS

NOTHING SAYS COMFORT LIKE A SELECTION  
OF PREMIUM AUSTRALIAN CUTS

INCLUDES CHOICE OF ONE SAUCE & SIDE

300G Beef Striploin MSA Grainage Silver 53

Fish of the day 39

## GRILL SIDES

Roasted kipfler, peri peri seasoning

Mix leaf salad, french dressing

Straight cut chips

## GRILL SAUCES

Béarnaise

Porcini jus

# LANDING

ALL OUR JOURNEYS DESERVE A SWEET  
ENDING

Ice cream 6 per scoop

Cookies & cream

Rum raisin

Raspberry sorbet

Orange Crème Brûlée 19

orange candy | mint cream | gold dusted soil

Honeycomb Cheesecake 19

Raspberry sorbet | Honeycomb | pistachio crumble

Cheese plate 23

Daily cheese selection | quince paste | grapes |  
nuts | lavosh

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