

# HELIX

BAR & DINING

## BREAKFAST

Weekdays 6:30 am - 9:30 am  
Weekends & Public Holidays 7am - 10 am

### Bacon Egg Roll

Milk bun, bacon rindless, free range fried egg, bbq sauce 15

### Eggs Benedict

Poached eggs served on English muffin with smoked salmon, spinach and hollandaise 22

### The Big Breakfast

Sourdough slice, free range scrambled egg, bacon, hash brown, grilled tomato 25

### Homemade Muesli

Muesli with mixed nuts, dry fruits, topped with fresh yoghurt, berries 13

### Eggs on Toast

Eggs of your choice, sourdough, condiments 14

### Raisin Bread

Toasted raisin bread, condiments 8

## SIDES

Hash brown 4

Smashed avocado 4

Grilled bacon 6

PLEASE LET OUR TEAM KNOW OF ANY DIETARY REQUIREMENTS.